

Bayou Bengal

TENTATIVE TIME SCHEDULE

January 23, 2026

Field Events

Time	Event	Division	Round	Advance
9:00am	Weight Throw	Women	Trials & Final	9
10:15am	Weight Throw	Men	Trials & Final	9
10:30am	Pole Vault	Men	Final	
12:00pm	Long Jump	Men	Trials & Final	9
12:00pm	Long Jump	Women	Trials & Final	9
12:00pm	Shot Put	Women	Trials & Final	9
12:30pm	High Jump	Women	Final	
12:30pm	Pole Vault	Women	Final	
1:30pm	Shot Put	Men	Trials & Final	9
2:00pm	Triple Jump	Men	Trials & Final	9
2:00pm	Triple Jump	Women	Trials & Final	9
2:30pm	High Jump	Men	Final	

Running Events

Time	Event	Division	Round	Advance
12:00pm	60 Meter Hurdles	Men	Semi-Final	8
12:10pm	60 Meter Hurdles	Women	Semi-Final	8
12:25pm	60 Meters	Women	Semi-Final	8
12:55pm	60 Meters	Men	Semi-Final	8
1:15pm	60 Meter Hurdles	Women	Final	
1:20pm	60 Meter Hurdles	Men	Final	
1:25pm	60 Meters	Women	Final	
1:30pm	60 Meters	Men	Final	
1:35pm	Mile	Women	Final	
1:55pm	Mile	Men	Final	
2:15pm	400 Meters	Women	Final (Sections against time)	
2:35pm	400 Meters	Men	Final (Sections against time)	
2:50pm	800 Meters	Women	Final (Sections against time)	
2:55pm	800 Meters	Men	Final (Sections against time)	
3:05pm	200 Meters	Women	Final (Sections against time)	
3:15pm	200 Meters	Men	Final (Sections against time)	
3:25pm	3000 Meters	Women	Final	
3:35pm	3000 Meters	Men	Final	
3:50pm	4x400 Meter Relay	Women	Final (Sections against time)	
4:05pm	4x400 Meter Relay	Men	Final (Sections against time)	