



FINAL TIME SCHEDULE 2025

Field Events

Time	Event	Division	Round	Advance
9:00am	Weight Throw	Women	Trials & Final	9
10:30am	Weight Throw	Men	Trials & Final	9
10:30am	Pole Vault	Men	Final	
12:00pm	Long Jump	Men	Trials & Final	9
12:00pm	Long Jump	Women	Trials & Final	9
12:15pm	Shot Put	Women	Trials & Final	9
12:30pm	High Jump	Men	Final	
12:30pm	Pole Vault	Women	Final	
1:45pm	Shot Put	Men	Trials & Final	9
2:30pm	Triple Jump	Men	Trials & Final	9
2:30pm	Triple Jump	Women	Trials & Final	9
2:30pm	High Jump	Women	Final	

Running Events

Time	Event	Division	Round	Advance
12:00pm	Mile	Women	Final	
12:15pm	Mile	Men	Final	
12:30pm	60 Meter Hurdles	Men	Semi-Final	8
12:40pm	60 Meter Hurdles	Women	Semi-Final	8
1:00pm	60 Meters (OD)	Women	Semi-Final	8
1:05pm	60 Meters	Women	Semi-Final	8
1:20pm	60 Meters	Men	Semi-Final	8
1:45pm	60 Meter Hurdles	Women	Final	
1:50pm	60 Meter Hurdles	Men	Final	
1:55pm	60 Meters (OD)	Women	Final	
2:00pm	60 Meters	Women	Final	
2:05pm	60 Meters	Men	Final	
2:10pm	400 Meters	Women	Final (Sections against time)	
2:25pm	400 Meters	Men	Final (Sections against time)	
2:35pm	800 Meters	Women	Final (Sections against time)	
2:40pm	800 Meters	Men	Final (Sections against time)	
2:50pm	200 Meters	Women	Final (Sections against time)	
3:00pm	200 Meters	Men	Final (Sections against time)	
3:20pm	3000 Meters	Women	Final	
3:30pm	3000 Meters	Men	Final	
3:45pm	4x400 Meter Relay	Women	Final (Sections against time)	
3:50pm	4x400 Meter Relay	Men	Final (Sections against time)	